

Notice to Parents/ Guardians



Important Notice Regarding Covid Management During Cycle Training

Due to Government guidelines around social distancing and the careful management of organised events and cycling training as we all begin to come out of lockdown, we ask you to carefully read all the points below.

The safety of you, your family and our volunteers are paramount to us so we request that you work with us in ensuring these guidelines are followed. We look forward to an enjoyable and productive training session with you!

- Please do not attend the training if you have any covid-19 symptoms or a member of your bubble has proved positive within the last 14 days.
- All our training will be delivered at a social distance of at least two metres.
- Parents/guardians will be required to assist their children if social distancing needs to be compromised (i.e. if they tumble off and are upset).
- If more than one parent wishes to attend and watch during the training, we request that only one parent is involved in the session and any other family members watch from a safe distance.
- We shall make all reasonable efforts to keep members of the party at least two metres apart during the sessions.
- Loan bikes will have the main contact points sanitized prior to each session.
- Our trainers will sanitize hands before each session and will have nitrile gloves if required.
- Our first aid kit has been updated to comply with COVID-19 protocols, parents/guardians may be asked to apply dressings under our guidance.
- 'Checking in' when you arrive is an essential part of the Government's 'Track and Trace' strategy. We ask that you install the 'Eventbrite' app on your phone to access your tickets so we are able to check you in contactlessly.
- All participants must sanitize hands on arrival.
- We will advise participants of the importance of avoiding touching your face and rubbing your eyes in a non-alarmist way.
- Please do give us feedback and let us know if you have any concerns.
- We reserve the right to ask a child to leave the session if our COVID-19 guidance is not adhered to (this is for the safety of everyone).

- We recognize the recent changes to the social distancing rules but wish to respect the two metre rule as we believe this is achievable based on the nature of our training.
- All sessions will start with a safety briefing and we will cover our COVID-19 guidance before we start.
- Thank you for playing a positive role in maintaining a safe environment for your children to learn new skills.